



JH SWIM SCHOOL



ADDITIONAL MEASURES BEING PROPOSED IN LINE WITH GOVERNMENTAL AND SWIM ENGLAND GUIDELINES IN AN ENDEAVOUR TO INCREASE AND MAINTAIN HEALTH AND SAFETY DURING OUR SWIMMING SESSIONS IN RESPONSE TO COVID - 19

At the time of writing some broad additional Health and Safety measures have been drawn up and suggested, which are site specific to our lessons at Davenant, and accompanies the Autumn renewal letter confirming dates and payment details, issued under separate cover. In addition to guidelines recommended by the Government and the document published by Swim England in conjunction with PHE, and other industry organisations such as the STA and the RLSS, the following will form the basis of our re-opening policy for swimming lessons. This document will also form part of a new Site-Specific Risk Assessment, which impacts on our Normal Operating Procedures, and will be submitted to Davenant and our Insurers.

These are provisional at the moment, not exhaustive and subject to change, but by implementing the tightest guidelines at this stage gives you an idea as to what the pool procedure *could* look like before you re-book your child's lessons; By suggesting these measures now makes them easier to lift rather than impose stricter measures further down the line.

Furthermore, it is possible that, by the time October arrives – the first date we are allowed to resume - some of the following requirements may not be necessary and some measures could be lifted. Updates will be confirmed accordingly and posted on our website (jhswimschool.co.uk)

General:

- Current (at the time of writing) COVID-19 related Government restrictions are as follows.
 - a) Any swimmer/parent/carer who has travelled overseas must self-isolate for 14 days and not attend swimming, subject to specific countries.
 - b) Any swimmer/parent/carer who has been in contact with a confirmed case of COVID-19 must self-isolate for 14 days.
 - c) Any swimmer/parent/carer with symptoms or signs of COVID-19 **MUST NOT** attend the Swim School.
 - d) Any swimmer/parent/carer with a confirmed diagnosis of COVID-19 **MUST NOT** attend the Swim School until full recovery has taken place and a doctor's note confirming this is received by Jane Hayman.
- We would ask that parents do not bring their child/ren to swimming lessons unless they are 100% well (i.e. non-COVID illnesses as well). This applies to both swimmers and parents/adults and to protect every user of the pool.
- Where possible, please shower your child before you leave home – The shower area in the changing rooms will be closed during the first phase of re-opening.

- Please encourage your child/ren to use the toilet before leaving home. Use of the school pool toilets will be available for swimmers only.
- **One** parent/carer/adult **ONLY** to attend **per family**. Siblings who are not swimming must not attend the pool.
- Swimmers should arrive at the pool 'beach ready.' This means swimmers will have their swimwear underneath clothes or towelling robe, onesie etc. We suggest you bring an extra towel/robe (that is brought on poolside) so that your child has something to put on immediately after getting out of the water in case there is a short delay before they are reunited with you.
- Goggles and spare swimming costumes/trunks will not be loaned out. Other than floats or noodles there will be no sharing of equipment. If you would like to bring your own float, that is perfectly acceptable but please provide one that is similar in size to the ones we use and avoid floats with handles or other gimmicky embellishments.
- Punctuality is crucial for us to ensure a smooth transition of lessons. Please **arrive five minutes** before your child's lesson so they can enter poolside and wait – see below. Swimmers who arrive late may not be able to enter via the usual poolside door as we will be implementing a stricter exiting policy for swimmers leaving the pool.

Please note that lessons may be curtailed for a few minutes to allow for a safe and smooth transition of classes. Please note that children who arrive exceptionally late may not be allowed into the pool.

- It would be appreciated if parents/carers bringing their children could wear a face covering or mask when entering, and whilst in, the school building. Please note that neither teaching staff nor swimmers are required to wear them as it is not safe to do so.
- Parents should hang on to their child's swimming bag and not leave any belongings unattended. Any items left behind, other than valuables, will not be retained by JH Swim School during this period of additional restrictions.
- Please direct any questions or queries to me well in advance of the lesson by email or phone call rather than on the day. It would be appreciated if swim teachers are not approached or drawn into any conversations or discussions during lessons, particularly as they will be dealing with their swimmers at a time requiring additional direction and observation.

On Arrival:

- Subject to social distancing rules at the time of returning to lessons I am hoping to plan a one-way system to enter and exit the pool building.

Full signage will be displayed at the time. One idea is that the entry point could be via the doors into the Main Gym/Hall Building (opposite the car park, up a few steps) and greeted inside by a member of our staff on the Reception desk there (which would act as a barrier to the main part of the school). I believe this is a perfectly reasonable, logistical and practical arrangement and in line with what everybody has been used to in other establishments recently. It also ensures a smoother transition for parents/swimmers entering and exiting without having to limit any numbers attending or reducing sessions.

However, this is yet to be agreed by the School. They are concerned that because this corridor is accessible to other parts of the school it could pose a security risk.

If this arrangement does go ahead, then the swimmers (and accompanying adult) will enter the pool gallery area where the swimmer will be dropped off with a towel or robe, enter poolside, and wait for the start of their lesson. Where possible, we will direct children to sit in their respective areas and within their own ability groups/bubbles.

Parents should then proceed along the corridor opposite the changing rooms and exit the building by the Emergency Exit Door (the usual door you enter and exit) for the duration of their child's lesson - See below for exceptions. This is to avoid the clustering of people in and out of the same door.

Further information on this will follow.

We are looking into alternative entering/exiting arrangements which would involve the normal door whereby dropping off and collecting would be to and from our Assistant Teachers/Helpers.

Parents will not be allowed poolside under any circumstances.

- Hand sanitiser and wet wipes will be available at several locations in the pool, corridor and gallery areas.
- We will be introducing the use of blue shoe covers for all parents/adults entering the building.
- We will be regularly cleaning the areas we use with anti-bacterial liquid, mopping floors, spraying and wiping down handles etc.,

During lessons:

- We are currently proposing that parents of non-swimmer & beginner (the shallowest class) and special needs children **only** to be allowed to remain in the spectating gallery at the time of their child's lesson. This will be confirmed later but if we get the go-ahead it will be trialled on the first lesson and reviewed accordingly.

It would be appreciated if parents of other classes remain in the car park area or outside the building for the duration of their child's lesson. It is imperative that we have any updated telephone contact details in case we need to contact you during their lesson.

- We will be sanitising floats and noodles in between lessons.
- As swimmers have not been swimming for several months, we will be keeping them in the ability classes they were previously in before the closure as it is possible their water confidence and stroke technique have regressed. For the first couple of weeks, we will be closely re-assessing your child's ability. Any movement in classes will be advised to you accordingly as the term develops.
- Our teachers will continue to deliver their lessons from their usual stations. Teachers will be supporting your child in the water as normal. We believe this is essential to maintain safety in the water particularly as we deliver lessons for non-swimmers and beginners in deep water. Where possible, and to begin with, we will try and minimise physical contact. However, please note that safety will always take priority over social distancing.
- With regards to distancing in the water our usual low numbers per class comply with the Swim England square meterage per swimmer as a ratio over the pool's area, which incidentally, is twice the meterage the Government originally recommended, and is therefore much stricter. We will be setting swimmers off in waves as we usually do but we may not always be able to keep them apart if swimmers do not swim in a straight line.

After lessons:

- Swimming Teachers/Assistants/Helpers will be available to release your child to you after their lesson. We intend to release them via the usual pool door and/or the main external pool door (possibly using the door at the deep end for swimmers whose lessons are in the deep end). We need to be mindful of parents clustering here and therefore, not complying with distancing. Further information on this will follow at a later date.

As previously mentioned, any swimmers late to their lesson may have to wait until the swimmers exiting have left poolside before they themselves enter and must not squeeze in. Also, as previously mentioned, please note there may be a delay of a few minutes during the changeover of classes.

- It is likely that Davenant will insist on the changing rooms (for changing purposes) being closed even for **after lessons** during the first phase of re-opening. Therefore, initially, it is expected that swimmers will need to return home in their robe, onesie etc.,

Confirmation on this point to follow in due course.

We are really excited to welcome you and your children back, resume lessons and work with your children again but, of course, it has been necessary to devise a revised way of operating. Hopefully, this will be temporary and by October some of the additional measures may not actually be necessary.

Please bear with us whilst we work through any new procedures or adaptations at the pool, stipulations imposed by Davenant, and/or any issues that crop up on the first day.

September 2020
JANE HAYMAN
JH SWIM SCHOOL